



European Voluntary Service PROJECT DETAILS

General Information	
Project title	“Growing Wings of Hope”
Project start / duration	01.08.2016. / 15 month
Coordinating organization Accreditation reference	NGO “Siguldas Alternatīva izglītība” (SAI), Sigulda, LATVIA 2013-LV-55
Hosting Organization	NGO “Wings of Hope” (WH), Sigulda, LATVIA
Duration of EVS activity	12 month. EVS will start in October, 2016.
Number of volunteers hosted	2 EVS volunteers from 2 different countries (20-30 years old)
Project Overview	
<p>This will be a 12 months EVS project with 2 volunteers from different countries hosted by non-governmental organization “Wings of Hope” in Sigulda, Latvia.</p> <p>The project objectives are:</p> <ol style="list-style-type: none"> 1) to involve youngsters in a meaningful voluntary work with disabled individuals (children and young adults); 2) to provide volunteers with opportunities for personal growth and development of competences, as well as encouraging their creative expression and intercultural dialogue within local community. <p><i>Below you will find more information about hosting organization and proposed activities for volunteers.</i></p> <p>The main topics of the project will be:</p> <ol style="list-style-type: none"> 1) disabilities – special needs, 2) Youth (Participation, Youth Work, Youth Policy). 	
Venue - Sigulda, LATVIA	
<p>Latvia (Republic of Latvia) is one of the three Baltic States and is located between Lithuania and Estonia, in the North-East of Europe and at the eastern shore of the Baltic Sea.</p> <ul style="list-style-type: none"> • Capital: Riga • Largest cities and towns: Daugavpils, Liepāja, Rēzekne, Ventspils, Jelgava, Jūrmala • Landscape: forests (40%), lowlands, hilly uplands, plenty of rivers and lakes • Population: ~ 2 million • Religions: Evangelic Lutheran, Roman Catholic and Russian Orthodox • Currency: EUR • Membership: EU, NATO, UN, WTO, etc. • Country code: LV • Calling code: +371 • INTERNET TLD: .LV (.EU) <p>For more information look here: http://www.latvia.eu/</p>	

Sigulda, known as “Little Switzerland”, is one of the most picturesque cities in Latvia that attracts tourists all year-round. The city is located only 53 km from the capital city Riga and is home to approximately 11.000 inhabitants. Anybody can spend a great time in this city - for every taste there will be an activity or entertainment. For more information look here:

<http://tourism.sigulda.lv/>



Living Environment, Practical Arrangements

Accommodation	rented and well equipped room or flat in the city / separate room in a host family (<i>the living space will have the equipment necessary for the coexistence of the volunteer</i>)		
Transportation	within the city - by foot or bicycle		
Pocket money	80 EUR per month		
Food	~ 150 EUR per month to shop at grocery stores or coffee shops. <i>It will be possible to have meals (tea break and lunch) in WH!</i>		
Personal support	<p style="text-align: center;">Mentor Miss. Madara Semjonova madara.semjonova@gmail.com +371 26040192</p>	<p style="text-align: center;">Supervisor Mrs. Eva Viļķina eva.vilkina@ceribusparni.lv</p>	<p style="text-align: center;">Project coordinator Mrs. Dagnija Nuke info@valdorfabernudarzs.lv phone: +371 26550309</p>
Insurance	EVS insurance plan: https://www.cignahealthbenefits.com/en/plan-members		
Communications	prepaid telephone card with limited amount internet access in the organisation and in the place of residence		
Free time	EVS volunteers will be informed about the leisure offer (<i>the city council of Sigulda as well as other entities offer different courses in the city - dancing, theatre, trekking, music, etc.</i>) See also: http://tourism.sigulda.lv/		

Hosting organization – Wings of Hope (WH)

“Wings of Hope” is the non-governmental organization established in 2003 to provide social services for children and young adults with different types of disabilities and to support their families, as well as to promote a positive public attitude towards people with functional disorders. In 2005 WH acquired a public benefit organization status.

Every year more than 70 children with disabilities (and their families) can regularly receive a variety of professional services in WH’s Day-care Center in Sigulda: counseling, babysitting services, therapeutic exercises, speech, art, music, dance and pet therapy, etc.. With the growing demand for social services, in 2013 WH created specialized workshops for persons with mental disorders. There they can develop and improve the necessary basic and social skills by engaging different workshops - ceramics, candles and soap-making, weaving, leather processing, household activities, etc.

In 2015 the organization established its own social enterprise "Pogotava" which is selling a variety of handicrafts made from different materials and with different techniques - leather and felt products, woven mats, hats, scarves, candles etc. Here you can see the products:

<https://www.facebook.com/Pogotava/>, <http://www.draugiem.lv/pogot/>,
<http://www.meistardarbs.lv/veikals/16792414>.

In the daily work and social services of WH are involved more than 20 personal (social workers, caregivers, trainers, therapists, speech therapists, etc.).

For more information about WH go here: www.ceribusparni.lv/en (in English).

Activities or tasks of volunteers

1. According to the project interest area volunteer’s daily tasks will include assistance to WH’s staff while doing educational, creative and leisure time activities with the children and young people with disabilities. As a part of WH’s team volunteers will have opportunity to take part in arrangement of annual Latvian festivals (Michael, Martin, Christmas, Easter, Midsummer etc.) or WH events – concerts, theatre performances, sports events, charity markets etc.. Volunteers will be involved in all process – planning and organizing of activities, evaluation and feedback. Here you can see a weekly work plan:

Time	Monday	Tuesday	Wednesday	Thursday	Friday
9:00-10:00	Meeting with staff. Preparing for workshops / handicrafts*	Preparing for workshops / handicrafts*	Preparing for workshops / handicrafts*	Work in social enterprise “Pogotava”	Preparing for workshops / handicrafts*
10:00-12:00	Assistance at workshops / handicrafts*	Assistance at workshops / handicrafts*	Assistance at workshops / handicrafts*		Assistance at workshops / handicrafts*
12:00-13:00	Time for planning and organizing creative activities				
13:00-14:00	Lunch / assistance in preparing meals				
14:00-15:00	Dance and movement therapy	Assistance in therapeutical exercises	Assistance in work with children	Participation in arrangement of WH’s thematic events**	
15:00-16:00	Latvian language classes	Light theater	Latvian language classes	Light theater	Meeting with supervisor and mentor
16:00-17:00		-		-	

*- workshops / handicrafts in ceramics, candles and soap-making, weaving, leather processing, household activities etc.

** - concerts, theatre performances, sports events, charity markets etc.

2. Volunteers' creative activities for WH and local community: each of both volunteers during the project have to offer and realize (with help from WH staff) 2 new activities, for example, photo exhibition, excursion, some event according to his / her skills / wishes / national traditions, etc. It gives a wide opportunity to show volunteers talents, creativity, entrepreneurship and communication skills in order to invent new traditions, games, workshops suitable WH or local community. We are expecting that the results of volunteer's activities will be also tangible things such as calendars, postcards, videos ect.

WH has well equipped room for seminars and that could be used for volunteer's creative and learning activities. Volunteers are welcome to bring songs, games and introduce their own culture and traditions as part of intercultural learning.

Proposed time schedule

Monday – Friday	6/7-hours working day (<i>including Latvian language training and meeting with teachers, supervisor and mentor</i>)
Saturday - Sunday	days off (<i>or 2 free days in a row during a week in case when EVS volunteer participates in a weekend activity</i>)
Public holidays	days off
Holidays/vocation	additional 2 free days per month (<i>EVS volunteers will have several holiday periods corresponding to the hosting organization holidays</i>).

Language support and trainings, certificate

- Latvian lessons will be taught by professional teachers and will take place twice a week.
- SAI will make sure that all of our EVS volunteers will take part in both the on-arrival training and in the mid-term evaluation organized by Latvian National Agency.
- Upon arrival to Sigulda, EVS volunteers will be inducted on the aspects below:
 - administrative, health and safety procedures and inner regulations
 - the aims, objectives and activities of the EVS project they are involved in
 - their individual learning plan, and *YouthPass* Process with their mentors.
- At the end of the service each volunteer will receive their *YouthPass* Certificate.

Candidates applying for voluntary work should meet following requirements:

- be available for the whole duration of the volunteering period and pre-departure training;
- strong motivation for work in selected area (! not required to have a previous experience in a working with children and young people with different types of disabilities);
- work requires psychological and physical resistance, patience and compassion;
- volunteers must be active, flexible, creative, responsible, with good communication skills, ready for team work;
- without substance abuse or criminal history.

Documents for applying:

CV and motivation letter, please, send to the e-mail: info@valdorfabernudarzs.lv **till 01.10.2016.**
In case of any questions, don't hesitate to contact!

Documents to be submitted to Coordinating Organization before arrival:

Public authority paper for not having a criminal history.
* translation in English can be approved by the Sending Organization